

Method of Habituation Pillars Character Building Students in Covid Era

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Abstract

As of May 26, 2020, the world was shocked by a virus outbreak that spread across planet earth, the impact of which must be felt by the world community in general and the Indonesian people in particular. This virus has infected 5,623,503 people, with a death toll of 348,760 and several patients who recovered 2,393,552 and infected 213 countries, according to world meters that informed it in 2020. Therefore, the world is currently busy with the emergence of the virus. the. The virus is known as the coronavirus or Covid-19. Meanwhile, in Indonesia itself, the spread of the coronavirus was first discovered on March 2, 2020, and this was conveyed directly by President Joko Widodo. If the atmosphere of the family or home environment is not supportive, then all maturity that is ready to develop will not develop. So if the atmosphere of the family or home environment is not conducive, it will affect the formation of character in children This research uses the library research method. The Result of this research is the habituation method is the right way or system and is recommended to be used in the context of character building, especially during this pandemic because children interact more with their families than with teachers, it is an opportunity for parents to instil their children's character through habituation methods.

Keywords: Covid, Habituation, Methods, and Pillars

Abstrak

Per tanggal 26 Mei 2020, dunia dihebohkan dengan wabah virus yang menyebar di seluruh planet bumi, yang dampaknya pasti dirasakan oleh masyarakat dunia pada umumnya dan masyarakat Indonesia pada khususnya. Virus ini telah menginfeksi 5.623.503 orang, dengan jumlah kematian 348.760 dan jumlah pasien sembuh 2.393.552 serta menginfeksi 213 negara, menurut worldometer yang menginformasikannya pada tahun 2020. Oleh karena itu, dunia saat ini disibukkan dengan kemunculan virus tersebut. itu. Virus tersebut dikenal dengan virus corona atau Covid-19. Sementara itu, di Indonesia sendiri, penyebaran virus corona pertama kali ditemukan pada 2 Maret 2020, dan hal tersebut disampaikan langsung oleh Presiden Joko Widodo. Jika suasana keluarga atau lingkungan rumah tidak mendukung, maka segala kedewasaan yang siap berkembang tidak akan berkembang. Sehingga apabila suasana keluarga atau lingkungan rumah tidak kondusif maka akan mempengaruhi pembentukan karakter pada anak. Penelitian ini menggunakan metode library research. Hasil dari penelitian ini adalah metode pembiasaan merupakan cara atau sistem yang tepat dan direkomendasikan untuk digunakan dalam rangka pembentukan karakter khususnya pandemi ini karena anak lebih banyak berinteraksi dengan keluarganya daripada dengan guru, hal ini merupakan kesempatan bagi orang tua untuk menanamkan karakter anak melalui metode pembiasaan.

Kata Kunci: Covid, Metode, Pembiasaan, dan Pilar.

A. Introduction

As of May 26, 2020, the world was shocked by a virus outbreak that spread across planet earth, the impact of which must be felt by the world community in general and the Indonesian people in particular. This virus has infected 5,623,503 people, with a death toll of 348,760 and several patients who recovered 2,393,552 and infected 213 countries, according to world meters that informed it in 2020. Therefore, the world is currently busy with the emergence of the virus. The virus is known as the coronavirus or Covid-19. Meanwhile, in Indonesia itself, the spread of the coronavirus was first discovered on March 2, 2020, and this was conveyed directly by President Joko Widodo. Currently, it has infected 23,165 people with 1,418 deaths and 5,877 recovered patients. This information is according to online news from the covid19.go.id site in 2020. Thus, various problems have emerged that become challenges and must be resolved so that conditions improve again.

In addition, the public is also advised to always maintain body hygiene by always consuming healthy and fresh food and consuming vitamins so that the immune system is maintained. In addition to various efforts with the regulations contained in the law, the government also recommends that the public always adheres to the health protocols that have been set by medical members and the government, namely by always maintaining 3M, namely getting used to wearing masks, keeping a distance and washing hands properly. soap so that people are not easily infected with this virus. But ironically, some people don't believe in this coronavirus so they think that this virus is just an artificial virus and there is no coronavirus. Some of them openly ignore all the appeals that have been set. However, not all people think the same, some people still believe in the existence of the coronavirus and they are obedient to everything that has been determined by the government.

The problems that arise in society are complex, namely, there is a lot of unemployment and the economy is declining due to all industries being restricted. The impact of the coronavirus became so when the government announced that education in schools must go through online learning and utilize all electronic media that can be used for learning media. Most of the people who are still clueless or technologically stutter make online learning that the government has discussed as a solution to break the chain of the coronavirus to be effective, but it is not. No less a problem that arises in the community when online learning is implemented, namely the lack of available facilities and infrastructure so that many children do not follow it optimally because of the lack of supporting equipment and most children who do not understand and understand the material taught. provide the teacher if through a medium.

Parents work twice, namely doing homework and school assignments. Therefore, in particular, mothers must be able to divide their time, namely after finishing their household chores, mothers must work and think about the tasks that the school has given their children. Not a few children feel free, and relaxed and ignore school assignments because they feel they do not meet directly with the teacher and think there is no supervision from the teacher. In addition, because they are at home, they can do everything themselves as a result, children do not listen carefully and seriously to the explanation of the material from the teacher. So, some of the children do not understand the material.

In the matter of teaching, the teacher feels no less dizzy when teaching using technology media, many teachers have problems, including their lack of knowledge in using learning technology tools, network disruptions and data purchases are also problems faced by teachers. However, in addition to the above constraints, there are advantages to online learning for teachers, namely saving more teaching time, so learning is completed faster because there are no other activities other than just

delivering the material even though it is felt to be less effective in teaching. Therefore, apart from educators, what is now needed is the role of parents in supervising online learning.

The role of parents in assisting children's success while studying at home is very central and their role is expanding, not only as educational companions but also as people who are expected to be able to print children's character. Efforts that must be made by parents in creating a character in children cannot be separated from how parents use methods or ways to grow character in children. The method used by parents will be very influential in printing children to have character.

Therefore, parents must be smarter in choosing and determining the methods used in assisting children's learning, especially during the pandemic. Some of the problems that parents must face include how to determine methods that can maintain a positive child's character during a pandemic, whether the habituation method will be able to shape the child's character, will it be effective if the child's character formation uses the habituation method, especially during the pandemic, What are the advantages of using the habituation method in character building and what are the difficulties faced by parents in applying the habituation method to their children during the pandemic.

The family environment is a growing environment that teaches children's character from childhood to adulthood. The first education that a child gets is in the family environment. Therefore, educators for children become the foundation for the formation of children's character in education obtained from the family. Children are likened to a blank white paper that must be filled in, in this case, the role of parents is very dominant in educating children from an early age, with tenderness and compassion, building positive habits, being able to set a good example and feeding them with good food. halal and good (halal toyoban).

Creating a pleasant family environment to live in and providing comfort for its residents is not easy, but it can all be realized if family members can work together to make it happen. A pleasant and comfortable family environment is the right thing to recommend to foster positive attitudes and traits in children. However, from observations, it can be seen that parents have not been able to create an environment like this. Even though parents should have created a decent family environment to live in addition to other plans. In the family or home environment, many conditions affect the development of children, for example, the development of creativity, self-development in morals and the development of the characteristics of children. If the atmosphere of the family or home environment is not supportive, then all maturity that is ready to develop will not develop. So if the atmosphere of the family or home environment is not conducive, it will affect the formation of character in children.

B. Method

This study uses library research with reference search efforts literature related to the subject matter discussed descriptively. Concept studies or literature is done by critical and careful study of the relevant literature with the subject matter that will be studied and analyzed (Zhang et al., 2011, p. 624). The approach in this research is a qualitative approach that is descriptive-interpretative. This type of research is a research library. The data obtained is Character Building and habituation methods. As a research library research, the data collection technique used is documentation, by taking data from various relevant literature.

C. Result and Discussion

Character Building Discussion

Teachers develop and see all the potential of students optimally. This potential is generally divided into two, namely physical and spiritual potential(Aziz, 2019) so that through planned education a student can know and optimize his physical growth so that he can face and have the readiness to carry out developmental tasks and can also optimize his spiritual growth so that students have good morals. put forward the characteristics of Pancasila in his heart and with the desire for the totality of his physical growth and psychological development to run in harmony and harmony according to his needs, he can carry out the demands and tasks of his life in all its aspects, both socially by being part of the community, and both individually and as a member of society. creatures of God Almighty.

Indonesia is a country that has heterogeneous citizens(Umar, 2019) and has a soul that has the principle that tomorrow will be better than today, with that the Indonesian state always has more efforts to perfect its education system, so the government always updates various policies and legislation on its national education system. This is done so that education is truly able to become the centre of renewal and progress for the nation and its country by remaining based on the characteristics of Pancasila and the principle of balance between physical and spiritual aspects, as well as physical-material and mental-spiritual aspects so that every citizen gets the readiness and fulfil physical and spiritual well-being.

The vision and mission of our country's national education, the Indonesian people, as mandated and aspired by the previous generation as stated in the 1945 Constitution, is to increase faith and piety and have a high tolerance attitude and foster noble character for students, which in this case is all students. citizens who follow the education process in Indonesia. Therefore, education that builds moral values or character among students must always get serious attention,(Syafe'i, 2017). The most important thing

is that education at the elementary level (SD/MI and SMP/MTS) is a very important area to prepare early on for the next generation who will become the leaders of our nation in the future.

UU No. 20 of 2003 concerning the National Education System in article 3, states that national education functions to develop and become a benchmark of ability and shape the character and civilization of a dignified nation to educate the next generation and the life of the nation. The national education system has a goal to develop the potential of students to become caliphs who believe and fear God Almighty, healthy, noble, knowledgeable, capable, creative, independent, and become democratic citizens and promote tolerance and responsibility (Noor, 2018).

Based on the functions and objectives as well as the benefits of national education, it is clear that education at every existing level must be organized sequentially and systematically to achieve these goals. This is related to the process of forming the character of students so that they can compete, have ethics, are moral, have good manners and can interact with the closest community. Character is the innate values of human behaviour related to the creator, namely God Almighty, oneself, fellow humans, the environment, and nationality which are manifested in thoughts, attitudes, feelings, words, and actions based on religious norms, laws, and customs. , manners, and culture.

To create a character, it is necessary to know what character education is. Character education is a consciously and systematically planned system to instil and grow character values in all school members which includes various components, namely cognitive components, awareness or desire, and concrete actions to implement these values, both towards the creator, oneself, others, the environment, and nationality so that they become human beings with good morals.

The main functions and objectives of Indonesian national education are contained and based on the ideological foundation of Pancasila as the philosophy of life of the Indonesian nation and state, which has five precepts which read "Believe in the One Supreme God" this makes it the first precept, which proves that the first precept, namely the precepts of divinity is the core the most important and cannot walk alone with other precepts. This shows that all the movements of the life of the Indonesian people, and all aspects of activities in various fields must be based on divine values. "Belief in One Supreme God" the sound of the first precept indicates and emphasizes that the Indonesian state is not a secular, communist or liberal state that has separated itself and distanced divine values from the life of the nation and state, but our country, Indonesia, has instead made religious values the pillar of life in the life of the nation. carry out various aspects of life. This is because humans, in this case, the Indonesian people, always state that they are religious.

According to the author, the strategy creates character formation in several ways as follows:

1. The integration of character building with Islamic values

Religion in our country, Indonesia, has largely lost its ethics, and education in Indonesia has eroded its character. Whereas character education has a noble purpose, not only to educate the nation's life but also to improve the quality of the implementation and educational outcomes that lead to the achievement of character building and having good character and behaviour of students in an optimal, gradual, and not unequal manner, considering the competency standards of graduates, (Julaeha, 2019) With the character education process, it is hoped that students will be able to intuitively improve and use their knowledge, and can examine the values of noble character and morals so that they can realize daily behaviour in society.

The point is that character education is a systematic system that seeks to improve and instil noble moral values in all school members including various components such as willingness, awareness, knowledge and intuition efforts to implement these values.

Before that, Muslims have been exemplified by our previous Prophets with literature when the Prophet made a religious call by preaching, conveying teachings, giving examples and role models, motivating and creating a conducive environment with that indirectly what the previous Prophet did. is a reflection or example of meaning in education today.

Islamic law will not touch and be lived and practised if it is only in the form of teachings without any examples, students go through the educational process both formally and informally. The Prophet has invited and embraced people to believe and do good deeds according to Islamic teachings with various methods and approaches. From one side, we can see that Islamic education is more focused on improving mental attitudes that can realize good deeds, both for oneself and others. On the other hand, Islamic education is not only textual but also practical. The teachings of Islam do not separate faith and practice (Sodiq, 2014).

2. Highlighting the role of teachers in character building based on Islamic values

At the operational level, the embodiment of the image of human development who is faithful and devoted and must proceed through character building lies on the shoulders and responsibility of the teacher. Seeing that the unity and community of teachers have an important role and a very vital position in national development, especially in realizing the goal of tolerant national education. UU No 14 of 2005 which discusses teachers and lecturers defines teachers as professional educators with the main task of educating, teaching, guiding, directing, training, assessing and evaluating students.

With the enactment of the law, it is emphasized that teachers are professional jobs that indirectly get the demands of the principle of professionalism which should be properly used as a reference and applied by teachers as educators, a teacher should have clear qualifications and competencies. As well as creating human beings who are faithful and pious, the competence of teachers is very important, especially those who are targeted are students who have their nature, teachers are able and provide formulas and ingredients that what they teach are of good quality for students or not.

There are many things and certain factors that can influence this to happen, what is clear is that if this is allowed to hurt the next generation of the nation and the world of education in our country, Indonesia, especially the decline in quality standards and the profile of education graduates. The education process will be far from its goal, so it becomes very urgent to do a strategic effort in preparing a teacher figure who can become a role model and carry out his profession professionally. In the context of efforts to instil values and piety through the learning process in the classroom and outside the classroom. In building the character of students, the role of the teacher becomes very important because as a role model in the lives and lives of students. (Zairin, 2018)

Factors that influence the formation of children's character during the COVID-19 pandemic in various theories that the authors found.

1. Activities that can form a brave and confident character for children.

The habit that parents must do to their children so that children grow brave and confident characters is to make it a habit for children to always communicate with them, children will feel confident if children can communicate properly and correctly, and confidence will arise in children. children to socialize with the environment, nature, humans and animals around them.

2. Activities for children to know the god

Children must have habits that can lead them to know more about God the creator (Sinaga et al., 2021). So, religious habituation is needed. Religious habituation is a habit that includes positive elements in children's growth. The more religious experience the child gains through habituation, the more religious elements in his personality and the easier it is for the child to understand the teachings of Islam (Warsah, 2018). If the habit has been instilled, the child will no longer find it hard to worship, even worship becomes a frame of charity and becomes a source of enjoyment in his life because children can feel comfortable when communicating directly with God and fellow human beings.

3. Activities so that children can worship correctly and solemnly

Habituation so that children carry out worship to God correctly and especially in prayer, parents get used to children to be able to perform prayers correctly and regularly must be done when the child is still small and from time to time (Yasyakur, 2017). Children have a basic potential, namely the potential that children are born with or can be said to be innate potential. Therefore, the basic potential must always be directed so that the goals of educating children can be achieved properly. Parents must be able to direct the potential of the child so that the child can develop a good personality by the potential that exists in the child.

The Advantages And Disadvantages Of Using The Habituation Method In Character Building In Children During The Covid-19 Pandemic.

As with other learning methods, the habituation method is also inseparable from 2 contradictory aspects, namely advantages and disadvantages. Here are their advantages and disadvantages of them: The advantages of the habituation method as a method in children's education are that it can save energy and time well, habituation can use 2 aspects,

namely the outer aspect and the inner aspect, and habituation has historically been recorded as the most successful method in shaping the child's personality.

While the disadvantages of using the habituation method as a method of educating children include if negative habits are embedded in children, it is difficult to eliminate them, requires supervision so that habits do not deviate, and requires stimulus or stimulation so that children can make habits, both with *istiqamah*.

Characters have broad meanings, which include the etymological character of the word character which comes from the Latin *Kharakter* or in Greek *kharassein* which means to give bunches or to mark, or in French *character* which means to make sharp or deep. (Noer & Sarumpaet, 2017) While in English, the character has the meaning of character, character, nature, role and letters. The character also has the meaning of a distinctive different mark or a sign or trait that distinguishes a person from others. Whereas in the Indonesian dictionary, the character is defined as character, character, psychological traits, morals or character that distinguishes one person from another. Therefore, the character is a trait, an attitude that is owned and emitted by a person that can distinguish him from others.

As defined by experts in interpreting characters in terminology with different editors. According to Endang Sumantri, the character is a positive quality that a person has, which makes him attractive, someone who is unusual or has an eccentric personality. According to Doni Koesoema, understanding character is the same as personality, namely, character is a characteristic or characteristic, or style, or characteristic of a person that comes from formations received from the environment, such as family in childhood. According to Gunawan, the character is a characteristic possessed by an object or individual (human), that characteristic is genuine and rooted in the personality of the object or individual and is the driving engine of how a person acts, behaves, learns and responds to something.

Meanwhile, Tadzkilotun Musfiroh defines the character with a series of attitudes (behaviours), motivations (motivations) and skills (skills). Meanwhile, according to Philips character is a collection of values that lead to a system that underlies the thoughts, feelings, attitudes and behaviours that a person displays. This definition is the same as Thomas Lickona's explanation that character contains three main elements, namely knowing the good, desiring the good, and acting the good. However, according to Ahmad Tafsir, the character is behaviour that is carried out automatically, the definition of character like this is the same as the definition of morality in the view of Muslim scientists.

Al-Ghazali states character or morality is a trait embedded in the soul that can bring up actions easily without the need for consideration and thought. Meanwhile, according to Ibn Miskawih character or morals is the state of a person's soul that encourages him to do actions without going through first thought. Meanwhile, according to Ahmad Amin, character or morals are traits that are embedded in the soul that gives birth to various kinds of good or bad deeds, without the need for thought and consideration.

Based on the explanations of the experts above, it can be concluded and drawn the common thread that character is a steady, stable, and special trait inherent in a person that makes him act and act automatically, cannot be influenced by circumstances and without requiring any thought or consideration. so that it will distinguish one person from another. Understanding like this is the same as the definition of morality or character in Islam, namely actions that have been integrated with one's soul or self or human spontaneity in acting so that when it appears there is no need to think about it anymore.

Character children are children who can be seen to have a striking difference from other children. The child must have a noble character, that is, the child or someone already knows their potential, which is characterized by values such as reflective, confident, rational, logical,

critical, analytical, creative, innovative, independent, healthy living, and responsible. responsible, honest, patient, fair, keep promises, helper, willing to sacrifice, tenacious, brave, humble, takdim, forgiving, polite, disciplined, positive thinking, and so on. Besides that, a person also has the awareness to behave well or excel and can act according to his potential.

It can be concluded that a child or someone who has a noble character always does good to all God's creatures and has a great fear of God's law. A person's character can develop based on the potential that is brought from birth or known as basic character, character can be formed through education because education is the initial foundation to awaken a person in shaping his personality. Education will produce human qualities who have a different perspective of thinking from people who are not educated. Of the various characteristics possessed by a child, of course, parents yearn for a noble character for their child, with the method of habituation of noble character or children with noble character can be had and parents must be able to give habits to children with noble moral habits. As has been called by the prophet of mercy, namely to educate children, instil noble character in them, familiarize them with good temperament and adorn themselves with honesty, trustworthiness, and respect for elders.

The habituation method is a way that can be done to form a character in children because children are a mandate for both parents. Children are valuable 'Mines' that must be considered and consistently accustomed to the noble character and good manners. The child's heart is pure and clean, ready to accept what is conveyed to him, good or bad. Therefore, if parents get used to bad things then the child will become bad and vice versa if parents get used to good things then the child will grow up to be good. As we know it is parents who play a very important role in everything for their children until parents are also able to make the child believe in Muslim or non-Muslim, because parents are very influential.

Method Of Habituation Of Pillars Of Character Building Of Students In Covid Era

The method of habituation in the formation of children's character during the covid-19 pandemic is that the habituation method is a method that is suitable for use in character building. Therefore, parents must apply it in everyday life in educating their children. By always using refraction, it will become a habit which will later become a habit so that it will give birth to characters that grow in children.

Building character is a lifelong process. Children will grow up to be individuals with the character if they grow up in an environment with character as well. Three parties have an important role in the formation of children's character, namely family, school and environment. The three parties must synergize with each other. However, the key to character building and the true foundation of education is family (Sari, 2019).

The process of character building in the family environment can be carried out by parents, who are none other than actors who quite a lot contribute to the formation of children's character. So it can be concluded that the character is always present in each individual but cannot be seen. Character is a description of behaviour that raises the value of being completely wrong, either implicitly or explicitly. Education that is built implicitly implies building traits or patterns of behaviour that are based on or related to positive or good moral dimensions, negative or bad ones.

The formation of character requires a way that must be done so that the character can be formed. Therefore, the method that can be used is the habituation method. This habituation method can be applied by parents to be able to shape the child's character and be able to maintain character in children.

E. Conclusion

The habituation method in children is a method that can be realized in the family because it is seen from its function that the family has the duty and function of care, emotional and material support, and the fulfilment of certain roles. Therefore, the habituation method is the right way or system and is recommended to be used in the context of character building, especially during this pandemic because children interact more with their families than with teachers, it is an opportunity for parents to instil their children's character through habituation methods.

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